

HSSA 145 : Teaching Skills for Counselors

Credits 3

Quarter Offered Spring

Facts about alcohol and other drug use and abuse and skills to impart these facts in a counseling environment. Includes physical effects and behavioral attitudes, family systems, health and safety, drinking and driving, treatment resources, and responsible decision making. Offered for continuing professional education; highly recommended as an elective. [HSSA&101](#) and [HSSA105](#) is recommended. This class may include students from multiple sections.

Course Outcomes

Discuss insight into ADIS philosophy.

Identify facts about alcohol and other drug use.

Identify seven steps of effective decision-making.

Develop curriculum planning and instructional skills.

Demonstrate understanding of lesson plan development, classroom instruction and management.

Demonstrate teaching methods used in ADIS environment.